

## veCounties Checklist for Preschoolers - Age 5-

Occupational Therapy Department Scn-5

These activities are typical of a child who is 5 years old.

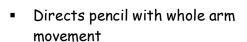
- √ Pencil Skills
- ✓ Demonstrates a hand preference
- ✓ Grasps crayon with index, middle and long fingers
- √ Finger movement begins to direct pencil
- ✓ Copies square and triangle



- ✓ Cuts out a circle with good accuracy
- ✓ Holds five pennies in palm of hand, brings them to fingertips one at a time.
- ✓ Pre-readiness Skills
- ✓ Identifies most letters of the alphabet
- ✓ Prints name and familiar letters from memory
- ✓ Copies all letters
- √ Dressing Skills
- ✓ Puts on pull on garments correctly
- √ Ties a knot (tying shoe laces by age 6)

## WATCH FOR THESE WARNING SIGNS

- Tires or gives up easily
- Switches hands during cutting or colouring
- Resists messy play (glue, fingerpaint)



- Avoids colouring or crafts
- Clumsy with small objects
- Needs to change activities frequently
- Avoids letters and numbers

\*\* If you have concerns about your child, an occupational therapist (OT) can assess his/her development in these areas. The OT will provide suggestions and/or treatment to promote your child's development of these skills.









